Austin Digital Heritage Project
Empower students to tell their stories and close the digital divide

- Help youth explore their family histories and community.
- Educate youth on how to tell their stories.
- Introduce youth to coding basics.
- Provide youth with broadband access and digital tools through rewards.
The 7 Levels of Effectiveness: Better results; less effort

A Research-based Approach to Operationalizing Emotional Intelligence

Eric Collier
March 2021
Operationalizing Emotional IQ (OEI) Definitions and Distinctions

OEI Defined: The ability to use your mind and your ability to feel, to respond to situations using prior learning, real-time observations that create internal and external stimuli, as a sources of information and input to critical thinking that leads to effective action.

Emotions and Feelings are NOT the same thing

- **Emotions**: Energy in Motion
- **Feelings**: A Report on the State of the Body

- Eric Collier,
  Neuro-Transformational Coach
How we see the world: A common (Mis)Understanding

• What if we believe we see the world as it is?

Current Observations → Experience → Thinking → Action → Result

- Eric Collier,
  Neuro-Transformational Coach
Perception As Reality

• We construct our own reality

- Internal/External Stimulus
- Prior Learning
- Emotion Construction
- Feelings
- Constructed Experience
- Mindset
- Thinking
- Action
- Result

The Threat Response: Fight/Flight/Freeze/Faint

- Eric Collier, Neuro-Transformational Coach
A Complex System capable of High Performance

- Eric Collier,
  Neuro-Transformational Coach
Seven Levels of Effectiveness

The model provides:

• A map for personal, group and organizational development
• Knowledge, tools and practices informed by hard science
• Situation independent tools support effective action
• Support mental, emotional, spiritual and physical wellbeing
• Reduced stress; increased creativity and innovation

- Eric Collier,
  Neuro-Transformational Coach
Snapping Your 360 Image: Tools and Steps

Find your place of significance
- www.google.com/maps

Find the Panoramic ID of your place
- https://istreetview.com/

Download/Snap your 360 image
- https://svd360.istreetview.com/

Remix w Your Image
- http://Glitch.com